



**Anca D. Pacuraru, D.O.,F.A.O.C.O.**  
Board Certified Ophthalmologist

*Fellowship Trained Glaucoma Specialist  
Ophthalmic Surgery • Cataract Surgery  
General Ophthalmology*

Dr. Pacuraru and her staff have designed this surgical packet for your convenience. This packet contains all the necessary information for your cataract surgery. We hope it will help understand your surgery better.

**YOUR APPOINTMENT IS SCHEDULED AT** o Texas Midwest Surgery Center  
o Hendrick Medical Center

The recovery time usually short and there are few restrictions after surgery. There is usually an improvement in vision within a few days of the surgery. We hope this packet will address most, if not all, of your questions and concerns. If you have additional questions, please call the office and we will be happy to answer them.

**Texas Midwest Surgery Center**  
751 North 18th Street  
Abilene, TX 79601

**Phone: (325) 677-6555 Fax: (325) 677-6976**

**Directions:**

**From South Abilene: Travel North on Treadaway Blvd. and turn left on N. 18th St. Texas Midwest Surgery Center is located on the left-hand side of the street.**

**From North Abilene: Travel east on Ambler St. to Treadaway Blvd. Turn right on Treadaway Blvd. Turn right on N. 18th St. Texas Midwest Surgery Center will be on your left.**

**Hendrick Medical Center**  
Jones Building  
1924 Pine Street  
Abilene, TX 79601

**Phone: (325) 670-2000 Fax:(325)670-4427**

**Directions:**

**From South Abilene: Travel North on Treadaway Blvd. And turn left on N. 18th St. Turn right on Pine St. Turn left in the entrance of the Jones building connected to Hendrick Medical Center. From North Abilene: Travel east on Ambler St. to Pine St. Turn right on Pine St. Turn right in Jones building connected to Hendrick Medical Center.**

**Cat package #1**

PH: (325) 701-9885  
TF: (855) 813-1446  
FAX: (325) 701-9884

1750 Pine Street  
Abilene, TX 79601  
[www.drpac-eyecare.com](http://www.drpac-eyecare.com)



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**I. Glaucoma Patients: If you use Pilocarpine (Isopto Carpine, Pilocar, etc.) and/or Epinephrine Compounds (Propine, Epinol), these will need to be discontinued for two weeks prior to your surgery. Prior to stopping these, please notify Dr. Pacuraru so alternative medication can be prescribed.**

**To avoid bleeding complications at the time of surgery:**

**II. If you are on a blood thinner such as Coumadin, this needs to be stopped one week prior to surgery. \*\* If it is cleared by your personal physician. DO NOT stop this without prior approval. If this cannot be stopped, notify Dr. Pacuraru so appropriate modifications in the surgical technique can be undertaken.**

**III. Also with your personal physician's approval, stop taking any of the following medications FIVE DAYS prior to your surgery:**

Ibuprofen (Rufen, Advil, Medipren, Nuprin, Motrin)  
Naproxen (Anaprox, Naprosyn, Aleve)  
Flubiprofen (Ansaid)  
Diclofenac Potassium (Cataflam)  
Sulldac (Clinoril)  
Oxaprozin (Daypro)  
Ditlunisal (Dolobid)  
Piroxicam (Feldene)  
Indomethacin (Indocin)

Etodolac (Lodine)  
Meclofenamate Sodium (Meclomen)  
Fenoprofen Calcium (Nalfon)  
Ketoprofen (Orudis)  
Nabumetone (Relafen)  
Pentazocine Hydrochloride (Talacen)  
Tolmetin Sodium (Tolectin)  
Ketorolac Tromethamine (Toradol)  
Diclofenac Sodium (Voltaren)

**IV. STOP TAKING ANY OF THE FOLLOWING NON-PRESCRIPTION PRODUCTS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYLAMIDES:**

Alka-Seltzer Effervescent Tablets  
Alka-Seltzer Plus Cold Tablets  
Anacin Tablets/Capsules, Maximum Strength  
Anodynos Tablets  
Arthralgon Tablets  
Arthritis Pain Formula Tablets  
Arthritis Strength Bufferin Tablets  
Arthropan Liquid  
A.S.A. Tablets (Aspirin)  
A.S.A. Enseals  
Ascriptin Tablets  
Ascriptin AID Tablets

Dasin Capsules  
Doan's Pills  
Duoprin Capsules  
Duoprin-S Syrup  
Duradyno Tablets  
Ecotrin Tablets  
Emagrin Tablets  
Empirin Tablets  
Excedrin Tablets and Capsules  
4-Way Cold Tablets  
Maximum Bayer Aspirin  
Measurin Tablets

**Cat #6 Stop Meds**

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**Ascriptin Extra-Strength Tablets**  
**Asperful Tablets**  
**Aspergum**  
**Bayer Aspirin Tablets**  
**Bayer Children's Aspirin**  
**Bayer Children's Cold Tablets**  
**Bayer Timed-Release Aspirin Tablets**  
**BC Tablet and Powder**  
**Buffaprin Tablets**  
**Bufferin Tablets**  
**Bufferin Arthritis Strength Tablets**  
**Bufferin Extra-Strength Tablets**  
**Buffets II Tablets**  
**Buffinol Tablets**  
**Buffinol Extra Tablets**  
**Buf-Tabs**  
**Cama Arthritis Pain Reliever**  
**Copo Tablets**  
**Cosprin Tablets**  
**CP-2 Tablets**

**Midol Caplets**  
**Mobigesic Tablets**  
**Momentum Tablets**  
**Neocylate Tablets**  
**Pabalate**  
**Pepto-Bismol Tablets and Suspension**  
**Persistin Tablets**  
**S-A-C Tablets**  
**St. Joseph's Aspirin for Children**  
**St. Joseph's Cold Tablets for Children**  
**Saleto Tablets**  
**Salocol Tablets**  
**Stanback Powder**  
**Supac**  
**Synalgos Capsules**  
**Trigesic**  
**Uracal**  
**Vanquish Caplets**  
**Varin**

**It is all right to take Tylenol or Extra Strength Tylenol.**

**DO NOT STOP ANY MEDICATION PRESCRIBED BY YOUR PERSONAL PHYSICIAN WITHOUT PRIOR APPROVAL.**

**Cat #6 Stop Meds**

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#### **UPON ARRIVAL FOR SURGERY**

An I.V. will be started and you will be given intravenous medication, which will make you sleepy for a few minutes. A local anesthetic will be administered which will eliminate any pain during surgery.

#### **THE OPERATION:**

After an adequate time to allow the local anesthetic to take effect, you will be taken to the operating room. During surgery, try to relax. Your face will be covered by a protective drape. Fresh oxygen will be circulated under the drape. The operation usually lasts about 30 minutes. Your operated eye will be patched and a shield taped over the eye before you leave the operating room.

#### **AFTER SURGERY- SAME DAY:**

You will rejoin your family and friends. You will be given refreshments and you may go home within one half to one hour. Continue all of your regular medications unless instructed otherwise.

#### **SAME DAY- AT HOME:**

Resume normal non-straining activities. You will not be able to lift more than 20 pounds for the first week following cataract surgery. Keep your eye patched until the following morning or as directed by Dr. Pacuraru. Do not forget that you need to have someone stay with you or you need to stay with someone during the first day and night after the surgery.

#### **FIRST POST-OP VISIT:**

Bring your post-op kit with all eye medications to the office, including any you were using prior to surgery. Please bring this bag with you on all of your post-op visits.

#### **Cat #8 Upon Arrival**

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## **POST OPERATIVE INSTRUCTIONS**

**DO NOT RUB YOUR EYE.** The worst thing you can do is to rub your eye. Wear something hard over your eye to protect it at all times.

### **USE YOUR MEDICATIONS AS PRESCRIBED**

**Avoid heavy lifting (over twenty pounds) and any other strenuous or athletic activity for the first two weeks after surgery.**

**Do not leave the hospital/surgery center without your medications. Please resume taking all non-eye medications that you were taking before surgery.**

**IF YOU HAVE ANY QUESTIONS OR CONCERNS PLEASE CALL US.** The phone number is:  
(325) 701-9885 or toll free (855) 813-1446.

### **FOLLOW UP OFFICE VISITS:**

**Bring your post-op kit with all of your EYE MEDICATIONS each time you come to the office. Also bring your GLASSES.**

## **Glaucoma#10**

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**POSTOPERATIVE EYE SENSATIONS AND VISION EXPECTATIONS:**

Each treatment is different, each patient is different. Dr. Pacuraru will go over what to expect after your surgery.

Some floaters or specks in your vision are expected.

**ANY SUDDEN RUSH OF FLOATERS OR FLASHES OF LIGHT NEED TO BE REPORTED IMMEDIATELY.**

Expect some redness in the white part of your eye. You may take mild pain relievers (Tylenol) if you need them.

**DANGER SIGNS WHICH REQUIRE OUR IMMEDIATE ATTENTION ARE:**

Sparks or lightning with or without decrease in vision

Anything with seems to be getting worse instead of better

Discharge from the operated eye

Each surgery is different. Please make sure you understand your instructions before leaving the surgery center.

**GLAUCOMA package #3 Post-operative Eye Sensations**

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